

Babatunde Adeyefa M.D.

21212 Northwest Freeway Suite 425a

(832)912-4481

Sutab Instructions

- To ensure a successful exam be sure to follow instructions Carefully.
- The entire day before your Colonoscopy be sure to follow a clear liquid diet.
- Do not drink any milk, anything colored red or purple, and no alcoholic beverages.
- You must have a ride for the day of your exam. If you fail to have acceptable transportation your procedure will be cancelled. Uber or Taxi are not acceptable modes of transportation, unless you have someone accompanying you.
- Let Dr. Adeyefa and his staff know if you are taking any blood thinners, such as Aspirin, Warfarin, Coumadin, Pradaxa, Effient, or Lovonox, as you may need to hold these medications before the procedure.
- If you are diabetic, take half your insulin dose the day of the procedure.
- If you take high blood pressure medication, take the medications the day of the procedure.
- If you take NSAID's such as Advil, Motrin, Celebrex, or ibuprofen you should discuss this with Dr. Adeyefa in advance.
- You must complete all Sutab tablets and required water at least 2 hours prior to Colonoscopy

At 5:00 pm the evening before the procedure:

- Open bottle of 12 tablets
- Fill provided container w/ 16 ounces of water (up to fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over next 15-20 minutes.
- 1 hour after last tablet taken, fill provided container w/ 16 ounces of water (to fill line), and drink over next 30 minutes.
- Approximately 30 minutes after finishing the second container of water, fill container again and drink over the next 30 minutes.

Between 11:00 pm the evening before the procedure to 12:00 am (Midnight) the morning of the procedure:

- Open bottle of 12 tablets
- Fill provided container w/ 16 ounces of water (up to fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over next 15-20 minutes.
- 1 hour after last tablet taken, fill provided container w/ 16 ounces of water (to fill line), and drink over next 30 minutes.
- Approximately 30 minutes after finishing the second container of water, fill container again and drink over the next 30 minutes.